

 **JoslinClinicalFOCUS™**  
A Satellite-delivered Continuing Medical Education Broadcast Series

Announces a video presentation:

## STROKE AND CARDIOVASCULAR DISEASE: PREVENTION AND TREATMENT

**TUESDAY, NOVEMBER 8, 2005**

12:30 PM - 1:30 PM ET

1:30 PM - 2:30 PM ET

3:30 PM - 4:30 PM ET

**Available Via Satellite  
And Over The Phone!**

### MODERATOR

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### FACULTY

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Director, Comprehensive Stroke Center

University of Pennsylvania

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To register your site or for more information, please contact PRIMEDIA Healthcare at 888.466.3250. Thank you.

### STATEMENT OF NEED

Cardiovascular disease is the leading cause of morbidity and mortality in the U.S. adult population and in many areas of the world, and the prevalence of cerebrovascular disease and its permanent chronic complications is on the rise. These conditions are often the result of atherosclerosis, a pathophysiologic process that is established many years before the appearance of clinical disease. The identification and treatment of modifiable ischemic stroke risk factors, in addition to appropriate anti-thrombotic therapy, can reduce the likelihood of first or recurrent stroke, prevent long-term morbidity and mortality after the first stroke or transient ischemic attack, and lower healthcare costs. A multifactorial approach to reduce vascular damage has become the cornerstone for effective treatment algorithms in multiple disease states. In the high-risk individual, effective control of dyslipidemia, hypertension, and diabetes often results in a significant decrease in the risk of vascular events. This educational activity looks at the growing body of information in the area of cerebrovascular and cardiovascular disease, including medications like ACE inhibitors and statins that seem to have direct beneficial effects on vascular health.

### LEARNING OBJECTIVES

Participants will be provided with evidence-based, clinically relevant information. At the completion of this activity (EDA 556-0043), the participant should be able to:

- Recognize the multiple components of the metabolic syndrome as a measure to determine those at risk for stroke and cardiovascular disease
- Design aggressive preventive strategies for people with macrovascular risk factors, including hypertension, dyslipidemia, diabetes, obesity, and overall vascular dysfunction, aimed at reducing the incidence of cerebrovascular and cardiac events
- Select preventive and treatment modalities that target a spectrum of potential macrovascular risk components, including hypertension
- Systematize the approach to stroke and cardiovascular prevention and treatment in the primary practice setting to ensure intervention in all who are at risk

### TARGET AUDIENCE

This accredited activity has been developed for cardiologists, emergency room physicians, primary care physicians and other clinicians who manage people with stroke and cardiovascular disease and their related conditions.

### ACCREDITATION AND DESIGNATION OF CREDIT

Joslin Diabetes Center, Boston, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Joslin Diabetes Center designates this educational activity for a maximum of 1.0 category 1 credit toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity. This CME activity was planned and produced in accordance with ACCME Essentials.

It is the policy of Joslin Diabetes Center to ensure fair balance, independence, objectivity, and scientific rigor in all programming. All faculty participating in CME activities sponsored by Joslin Diabetes Center are expected to present evidence-based data, identify and reference off-label product use, and disclose all relevant financial relationships with those supporting the activity or any others whose products or services are discussed. Faculty disclosure will be provided in the activity materials.

This activity for 1.2 contact hour(s) is provided by Trinity Workforce Learning, which is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Accreditation by the American Nurses Credentialing Center's Commission on Accreditation refers to recognition of educational activities and does not imply approval or endorsement of any product.



Trinity Workforce Learning is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

**CPE Credit:** 1.0 contact hour, or 0.10 CEU(s) **Universal Program Number:** 775-999-05-055-H04

Successful completion of this activity (EDA #556-0043) includes the following:

- View the satellite broadcast, or listen to the activity on the telephone, and review the course materials.
- Complete the appropriate CME/CE application and activity evaluation form. **Participants must complete the posttest and evaluation to receive credit.**
- Submit forms to the site coordinator or address indicated for processing.

Participants will receive a certificate/statement of credit within 4 weeks following receipt of the CME/CE application and activity evaluation form.

**There is no fee for participation in this activity.**

Viewing information at this site: \_\_\_\_\_  
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